## The Learning Academy Quarter 3 Lunch Menu

| <u>Monday</u>  | <u>Tuesday</u>  | <u>Wednesday</u>   | <u>Thursday</u>  | <u>Friday</u>  |
|--|---|--|--|--|
| Breakfast: Rice Cereal, Oranges, Milk Lunch: Chicken Pattie with cheese with WW bun Carrots, Pineapple, Milk Snack: Graham Crackers milk | Breakfast: Waffles, Banana, Milk Lunch: Veggie Wraps with cheese, avocado, tomatoes, Corn, apple slices, Milk Snack: Pretzels & Oranges Water                   | Breakfast: WW bagel w/butter, Strawberries Milk Lunch: Pasta with Marinara sauce; black beans, Peaches Milk Snack: Animal crackers and Apple Juice | Breakfast: WW Banana muffins, Pears, Milk Lunch: Chicken Nuggets, Tater Tots, Apples, Milk Snack: Oranges, Cheese slices & Water             | Breakfast: Toasted oat cereal, banana, Milk Lunch: WW Cheese pizza, salad, apple sauce Milk Snack: Yogurt tubes, ritz crackers water |
| Breakfast: Corn muffin, oranges, Milk Lunch: Mac & cheese, Green Beans, Pineapple Milk Snack: Frozen Yogurt Tubes, Graham Crackers Water | Breakfast: Omelets, Strawberries, Milk Lunch: Sloppy Joe with WW bun cucumber with ranch, Peaches, Milk Snack: Cheese slices watermelon                         | Breakfast: WW Toast with sun butter, banana, Milk Lunch: Chicken Quesadilla, peas apple slices Milk Snack: Humus and pretzels water                | Breakfast: French toast sticks, pears, Milk Lunch: Fish sticks, broccoli, apple sauce, Milk Snack: Cheese Crackers Apple juice               | Breakfast: Toasted oat cereal, oranges Milk Lunch: Cheese pizza, salad, pineapples, Milk Snack: Animal Crackers & Milk               |
| Breakfast: Toasted oats cereal oranges, Milk Lunch: Turkey sausage, tater tots, bananas, Milk Snack: Pretzels & oranges water            | Breakfast: Wheat Bagels with cream cheese, strawberries, Milk Lunch: Chicken Alfredo, black Beans, broccoli peaches, Milk Snack: Yogurt tubes & crackers, water | Breakfast: Banana muffins, pears, Milk Lunch: Turkey/cheese sandwich, cucumber mixed fruit, Milk Snack: Cheese slices watermelon                   | Breakfast: Strawberry yogurt, hash browns, apple juice Lunch: Chicken nuggets, corn Apple sauce, Milk Snack: Graham Crackers milk            | Breakfast: Pancakes, banana, Milk Lunch: Mac & cheese salad, pears, Milk Snack: Animal Crackers Milk                                 |
| Breakfast: Rice Chex, strawberries Milk Lunch: Barbeque chicken sliders, Tater Tots, Apple Slices. Milk Snack: Graham crackers Milk      | Breakfast: Waffles, Cantaloupe, Milk Lunch: Marzetti Pasta, Green Bean, mixed fruit Milk Snack: Ritz Crackers Milk  | Breakfast: Egg Omelets, Pears, milk Lunch: Fish sticks, Broccoli, Apple sauce, Milk Snack: Graham Crackers Apple juice                             | Breakfast: Wheat Toast with jam, banana, Milk Lunch: Turkey & Cheese Wraps, Peas, Peaches, Milk Snack: Yogurt Tubes, animal crackers & water | Breakfast: Cottage cheese & pineapples Milk Lunch: Cheese Pizza, salad, pineapples, milk Snack: Pretzel and humus water              |

July 2025

2025 August 2025

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Sept 2025

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